

Wang HaiJun



March 10, 11, 12 2018

Saturday- LaoJiaYiLu

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**Monday- Silk Reeling and
18 Essence Form**

Experience Chen Style TaiJi at its finest!

Jing Ying Institute of Kung Fu & Tai Chi

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www.JingYing.org

March 10 - 12, 2018 Annapolis (Arnold) MD

Jing Ying Institute, 1195 Baltimore Annapolis Blvd #6, Arnold MD 21012

Saturday, March 10, 2018

10:00 am to 12:30 pm:
2:00 pm to 4:30 pm:

LaoJia YiLu - Morning session Part A (Session 1)
LaoJia YiLu - Afternoon session Part B (Session 2)

Sunday, March 11, 2018

10:00 am to 12:30 pm:
1:30 pm to 4:00 pm:

LaoJia YiLu - Morning session Part C (Session 3)
LaoJia YiLu - Afternoon session Part D (Session 4)

Monday, March 12, 2018

6:30 pm to 8:30 pm:

18 Posture Form (Session 5) - Learn and practice the 18 essential Postures routine which was created to provide many of the health benefits of LaoJia YiLu practice in a shorter format that can be learned more quickly. Learn from one of China's national champions!

(1) Sat 10:00 am to 12:30 pm

(2) Sat 2:00 pm to 4:30 pm

(3) Sun 10:00 am to 12:30 pm

(4) Sun 1:30 pm to 4:00 pm

(5) Monday 6:30 pm to 8:30 pm

Please check in/register 30 minutes before the start of your first session. **\$80** for one session, **\$150** for two sessions (\$160 after Feb 28), **\$200** for three sessions (\$215 after Feb 28), **\$250** for four sessions (\$270 after Feb 28). **\$290** for all 5 sessions (\$315 after Feb 28). **\$60** for Monday only or **\$45** if combined with any other sessions. Check all that apply. **Total:** _____

Full Name: _____ Date of Birth: _____

Addr: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Alt Phone: _____ Work/Cell (Circle one)

E-Mail: _____ We do not sell, rent or
giveaway your info. We just use this to send you updates, event reminders or copies of our newsletter.

Signature: _____

*Participants under age 18 must
have a release form signed by a
parent or guardian.*