

# Zhu TianCai

August 26, 27, and 28, 2017

DC Area and Annapolis Area

One of the four “Diamonds” of Tai Chi and a Chen 19<sup>th</sup> generation lineage holder of great skill.

This is a rare opportunity to train with a world class tai chi teacher in a format suitable for beginners as well as advanced students and instructors of all styles.



See other side for registration details or visit  
[www.JingYing.org](http://www.JingYing.org)

**Jing Ying Institute of Kung Fu & Tai Chi**  
1195 Baltimore Annapolis Blvd #6 Arnold MD 21012  
410-431-5200 [info@JingYing.org](mailto:info@JingYing.org)

# August 26, 27, 28, 2017 - DC Area & Annapolis Area

## Saturday, August 26, 2017

Bretton Woods Country Club Pavilion, 15700 River Rd, Germantown, MD 20874

9:00 am to 12:00 pm: Understanding the Softness of inner strength in LaoJia YiLu for application in QinNa (joint locking)  
2:00 pm to 5:00 pm: Training the Hardness of Inner Power for FaJin and applications

## Sunday, August 27, 2017

Bretton Woods Country Club Pavilion, 15700 River Rd, Germantown, MD 20874

8:30 am to 11:30 am: Push-hands Part I (Note earlier start time!)  
1:00 pm to 4:00 pm: Push-hands Part II - Both sessions cover 5 patterns of push hands and the soft and hard

## Monday, August 28, 2017

Jing Ying Institute of Kung Fu & Tai Chi, 1195 Baltimore Annapolis Blvd #6, Arnold, MD 21012

6:30 pm to 8:00 pm: Silk Reeling Exercises

19th generation grandmasters of the Chen family lineage are traveling less often to the US, so you won't want to miss this opportunity to train with Grandmaster Zhu. He is one of the "Four Diamonds" of TaiJi and brings his own areas of expertise to these workshops in a format allowing beginners to learn fundamental skills while advanced participants of all styles gain insights and refine subtle skills.

**Currently enrolled Jing Ying Students should contact the office for a special discount on Saturday or Sunday sessions!**

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 Sat     Sun     Mon

Please check in/register 30 minutes before the start of your first session. **\$165** for Saturday or Sunday (1 day). **\$295** for Saturday and Sunday (both days). **\$340** for Saturday, Sunday and Monday (3 days). **\$60** for Monday only (*\$45 if combined with Saturday or Sunday*) Check all that apply. Add late registration of \$35 if paid at the door. Can prepay by check, credit card, PayPal or cash. **Total:** \_\_\_\_\_

Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Addr: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Alt Phone: \_\_\_\_\_ Work/Cell (Circle one)

E-Mail: \_\_\_\_\_ We do not sell, rent or give away your info. We just use this to send you updates, event reminders or copies of our newsletter.

Signature: \_\_\_\_\_

Participants under age 18 must have a release form signed by a parent or guardian.